

ATHLETIC LAB

Sport Performance Training Center

Athletic Lab Weightlifting Open

Results - 2.8.2014 - Men's Sessions

Name	Wt. Class	Snatch			Clean & Jerk			Best		Total
		1	2	3	1	2	3	Snatch	C&J	
Jakob Motta	56	40	44	47	51	56	60	44	60	104
Noah Henderson	56	25	29	31	35	38	45	31	45	76
Michael Wilkinson	62	73	79	83	105	105	108	83	105	188
Jeffrey Isenhour	62	60	60	60	77	77	77	0	77	77
Connor Bramble	69	75	80	87	95	102	108	87	108	195
Jake Turner	69	57	61	61	87	87	87	61	87	148
Chance Clark	69	50	55	58	82	85	91	58	85	143
Karl Hamlin	77	75	80	90	105	110	115	80	110	190
Daniel Mays	77	68	74	75	108	110	115	75	110	185
Logan Harrison	77	62	63	65	82	85	92	65	85	150
Dylan Cooper	85	95	100	105	128	134	140	100	134	234
Rob Turner	85	87	92	95	110	116	120	92	116	208
Ryan Moravick	85	87	89	91	119	119	119	87	119	206
Riley Till	85	87	92	96	110	116	120	92	110	202
Roy Mitchell	85	75	80	80	90	93	100	80	93	173
Josh Platt	85	70	75	78	82	87	91	78	91	169
Matti Gowl	85	70	70	76	90	96	96	76	90	166
Tom Raven	85	63	68	73	83	89	93	73	93	166
Chris Nethercutt	94	100	100	105	115	123	125	105	123	228
Chris Hoina	94	75	80	85	90	100	110	85	110	195
Josh Rudock	94	85	90	97	95	100	107	90	100	190
Michael Mancini	94	70	75	80	95	100	105	80	105	185
Robert O'Hara	94	73	73	78	92	98	104	78	98	176

Gabe Neeriemer	94	60	65	70	70	80	90	70	90	160
Steve Mack	94	62	62	62	75	80	82	62	82	144
Keith Nelson	105	115	117	125	140	145	151	117	145	262
Nathan Stewart	105	90	95	95	122	130	130	95	130	225
Matt Parvis	105	84	88	94	102	110	125	94	125	219
Jonathan Stepnoski	105	84	84	88	111	115	120	88	120	208
Josh Motta	105	65	72	78	90	100	106	78	100	178
Randy Long	105	65	71	75	85	91	96	75	96	171
Brian Burdette	105	60	63	65	82	86	91	63	91	154
Andrew Vessey	105	55	57	60	70	75	80	57	80	137
Daniel Koppenhaver	105+	115	120	125	155	163	170	125	163	288
Arnold Pope	105+	25	30	32	35	40	42	32	40	72